



## School'sOUT Schedule

### Typical Daily Schedule

**6:30 a.m. – 9:00 a.m.** Board games, art activities, construction activities, block building, computer games, manipulatives, book corner and listening center, and more.

**7:30 a.m. – 8:00 a.m.** Light Breakfast for Early Arrivers / Hand Washing

**9:00 a.m. – 10:00 a.m.** Morning Meeting / Snack, Virtual Enrichments, daily themes, job board, events & activities, problem-solving activities, group games, team activities.

**10:00 a.m. – 11:00 a.m.** Outside/Activity Time: arts & crafts, creative dramatics, journals/bookmaking/illustration, building and construction, science experiments, cooking, group projects, community service projects, board games, computers, listening center, and book corner. Activities are self-directed or counselor-directed and can be done independently or in small groups. Trips to the Abbott Recreation Fields or Special Guests will be scheduled at this time (e.g., storytellers, musicians, scientists, artists, etc.).

**11:00 a.m. – 11:30 a.m.** Special Projects such as pottery, weaving, ceramics, paper-mache, painting and sculpture and other extended arts and crafts activities, language arts activities, music activities, woodworking, fitness challenges, and other extended projects.

**11:30 a.m. – 12:00 p.m.** Transition Games / Growing Readers Challenge / Handwashing / Lunch Prep

**12:00 p.m. – 12:45 p.m.** Family Style Lunch

**12:45 p.m. – 12:55 p.m.** Transition to Playground

**1:00 p.m. – 2:55 p.m.** Outdoor Activities: sports, and group games (such as kick ball, four square, gaga ball, basketball, volleyball, and other group games), water play (weather permitting), gardening, jump rope, ball play, obstacle courses, climbers, balance beams, and other large muscle activities. Indoor Activities: rock climbing, games, large muscle activities at Movement Matters Zone and book reading and puppets at the Children's Library.

**3:00 p.m. – 4:00 p.m.** Snack / Handwashing, Team Activities, estimation activities, scavenger hunts, etc.

**4:00 p.m. – 5:00 p.m.** Activity Time: mindfulness and yoga, free-style dancing, service projects, building and construction, arts and crafts, and more.

**5:00 p.m. – 6:30 p.m.** Board games, art activities, block building, manipulatives, book corner, listening center, and more.