



Celebrating Birthdays at Early Discoveries

Curious what to bring in or do to celebrate your child's birthday? Below you will find a list of non-food related ways to celebrate your child's birthday. Your classroom may also have their own birthday tradition, so you can ask them about that as well! Please note that food is no longer a part of Birthday Celebrations so that children with allergies can be included and we can maintain our Center's goal of health and nutrition. This is also in compliance with DCFS' standard that states "Cake, pastries, cookies or other foods with high sugar and/or fat content shall not be served to children enrolled in the day care program." DCFS 407.330.k.2

1. Come in and read a book to your child's class.
2. Buy a special book or game for the classroom.*
3. The class can make a Birthday book filled with pictures of your child's day and if they are old enough, they can draw a special picture for your child and say what they like about them.
4. Come in and do a special craft or game with your child's class.*
5. Bring in something that all of the children can sign as a birthday memory (shirt, tote bag, autograph stuffed animal, pillow case, etc)
6. Have your children create an "All About Me" poster, bring in some of their favorite things, bring pictures, etc.
7. Bring in special stickers, pencils, or pens that the children can use that day. *
8. Come have lunch with your child that day.
9. Your child's Education Coordinator can say "Happy Birthday" over the phone speaker or come in to wish them a "Happy Birthday"!
10. The school also has Birthday crowns that your child can wear on their special day. Then, during the day, the class could go on a parade around the center.

*Please keep in mind that small pieces are considered choking hazards and should not be brought in for children younger than 3 years old.

